

## Pre-Physical Therapy

<b>Courses required for the first year:</b> CHEM 131 and CHEM 132
<b>Courses recommended for the first or second year:</b> BIOL 130, BIOL 140, PSYC 100, SOAN 101
<b>Contact:</b> Dr. Jeff Mettler ( <a href="mailto:jeffmettler@augustana.edu">jeffmettler@augustana.edu</a> )

### The Pre-Physical Therapy Advising Program

#### Required Courses

Course Number	Course Name	Learning Perspective/ Suffix	Prerequisites	Usually offered: F, J, SP, SU*	Credits
CHEM 131	General Chemistry I w/lab	PN		F	4
CHEM 132	General Chemistry II w/lab		CHEM 131	SP	4
BIOL 130	Molecules to Cells w/lab			F and SP	4
BIOL 140	Organisms to Ecosystems w/lab			F and SP	4
BIOL 351	Human Anatomy w/lab			F and SP	4
BIOL 362	Human Physiology w/lab		BIOL 130 and soph. status	F and SP	4
PHYS 151	Principles of Physics I w/lab			F	4
PHYS 152	Principles of Physics II w/lab		PHYS 151	SP	4
PSYC 100	Intro to Psychology	PS		F and SP	4
PSYC 216	Human Development		PSYC 100	F and SP	4
PSYC 224	Psych Disorders		PSYC 100	F and SP	4
PSYC 240 <i>or</i>	Statistics	Q		F and SP	4
MATH 130	Statistics for Health Professionals	Q		F	4
SOAN 101	Introduction to Sociology and Social Justice	PS, D		F and SP	4

\*PT schools vary in some of their required coursework. This sheet reflects what is required by most schools. However, it is important to look at the requirements specific to any PT schools of interest. For example, the University of Iowa requires a college-level mathematics course.

## Additional Recommended Courses

Course Number	Course Name	Learning Perspective/ Suffix	Prerequisites	Usually offered: F, J, SP, SU*	Credits
MATH 160	Calculus I	Q		F and SP	4
CLAS 290	Bioscientific Terminology			Annually	2
BIOL 358	Neuroanatomy		BIOL 351		4
BIOL 455	Gross Anatomy Lab		BIOL 351	F and SP; every other year	2
KINS 300	Exercise Physiology w/lab		KINS 100 and BIOL 362	SP	4
KINS 330	Biomechanics of Human Movement w/lab		KINS 100	F	4
HEPE 140	First Aid and CPR			F and SP	2

\*Fall, J term, Spring, Summer; see [Academic Calendar](#) for specific dates

## Program Overview

The Augustana College pre-physical therapy program is not a graduation major, so a major in some other field must be completed if the student intends to graduate with a Bachelor of Arts degree. The choice of graduation major is not critical for acceptance into a PT graduate program, but because of the high number of required courses, majors in biology, kinesiology, and/or psychology are the most common.

\*\*Augustana College has a “guaranteed admission” agreement with [Washington University](#) (St. Louis), as well as a 3+2.5 “coordinated degree” program with [St. Ambrose University](#). Students interested in either the guaranteed admission agreement with Washington University or the 3+2.5 coordinated degree program with St. Ambrose University should contact Dr. Mettler early in their first year for more information.\*\*

Updated June 2026 (JM)